

Empowerment to Buddha's Perfect Blue Light of Mushin

Namaste!

I honor you for the resplendent being that you are and I bow to the master within you. We might all take a moment and offer thanks for our many gifts and bow down to the Mighty I AM, the equalizer of sentient beings.

A teacher of mine introduced me to the Buddaic Blue Light of Mushin some time ago. Deep absorption in this wonderous, transformative energy will lead the yogin to a blissful state of thought-free being. This state has been described as a state of “harmonious flow” within the internal mind of the yogin and the external reality of the omni-verse. From this state, many things are possible as the yogin is moving in harmony with his mind. This state will also lead to a deep absorption in love and equanimity, the most important virtues we can develop in this world.

This is an all purpose empowerment that will allow you to access, in a broad way, the Buddaic Blue Light of Mushin, for equanimity, peace of mind, tranquility and self-healing. As with all things, you will receive from this empowerment what you put into it. I suggest some form of cleansing beforehand, some offerings to the Buddhas (water for drinking, water for bathing, flowers, incense, lights, foods, perfumes, music and other, personal offerings are the most-traditional, though certainly not required. We make offerings to Buddha to increase our merit, receptivity to teachings and energy transmissions and to cut the creeping vine of ego-based miserliness), a short breathing meditation and intent to go deep within your own mind. Some will be delighted upon hearing this as if a light went off in their crown chakra.

I have created a moment in time from which we may all access this empowerment. Each time a yogin visits the moment it will increase in power and

the energy of the glorious Mushin will further integrate within the yogin' s energetic system. Simply put, enter this moment with an open mind and a loving heart and you will be continuously empowered to reach deeper states of tranquility and peacefulness.

Namaste

Gary Tee, Washington, DC, 3.31.2005

Empowerment Procedure:

1. Intend to connect to your solar angel, higher self and God self. You might say these words: “ I now call forth the presence of my solar angel, higher self and God self right now and so it is! I intend to fully anchor and empower these aspects of who I AM into my body right now and so it is!” Now, abide here for a few moments. Important messages might come through for you.
2. Intend to connect to the Buddhas and call their loving presence forth. You might say: “ I call forth the blessed ones, the Buddhas and Bodhisattvas to assist me to receive the empowerment to the Buddhaic Blue Light of Mushin.” Now, abide for a moment.
3. Your intent is to operate from the perspective of your higher nature. Now, say: “ I now enter the key moment within the moment of time. From this moment I now intend to enter into and abide within the Buddhaic Blue Light of Mushin moment until I consciously intend to exit this moment”
4. Relax, let the warm, loving energy flow through you, filling your hologram full of tranquil vibrations.
5. Now, from a state of tranquil empowerment make this humble request:
“ Buddhas of the 3 times and the 10 directions, Buddhas of the Blue Light of Mushin, please grant the empowerment to the Buddhaic Blue Light of Mushin right now! Thank you, Thank you, Thank you! OM AH HUNG (3X)
6. Now, the empowerment will begin and end in around 20 minutes or so. It will be different for each being depending on previous connections to this

stream of energy. Focus on your crown, your heart and your breath. Breathe in this wonderous energy and allow it to fill your body. Dear Ones, you are now on the mountaintop, undisturbed, in harmony with the flow of life. This is a point of power...Now say: “ I am now receiving the highest, most-divine and powerful empowerment to the Buddaic Blue Light of Mushin that I can hold right now and so it is!”

7. Once finished, Intend to consciously exit this moment: Say: “ I offer from the bottom of my heart the deepest thanks, love and respect to the Buddhas who have granted me this empowerment to the glorious light of Mushin. Please protect, empower and look after this Buddaic Blue Light of Mushin moment in time so all may continuously grow and drink of the fine nectar of this loving energy of equanimity. OM AH HUNG (3X)”

Suggested Uses:

1. Meditation – Enter the moment prior to meditation, use your breath to calm you. This is particularly helpful for those yogins who practice self-generation personal deity yoga or those who regularly practice a sadhana.
2. Self-Healing – Occurs naturally when abiding within this moment. Focus your mind on healing a certain area and ask the Buddhas to assist you. Let the blue light bathe the area in question until it is saturated with the Mushin. Then, intend to flush any foreign or burnt karmas or samskaras from your system down through your grounding cord.
3. Distance Healing – Enter the moment, abide and intend to send the healing energy to the recipient via intent. Time and space are illusions that your mind can easily transcend.
4. Personal Empowerment – When the yogin becomes adept at abiding within this state of thought-free being the realization that this is a point of power arises. One can manifest from this point, though caution is suggested for the most obvious of reasons.